

MIDDLE SCHOOL EXTRA CURRICULAR REGISTRATION FORM

Participant's Name _____ DOB _____ School _____
Last First

Address _____ Home Phone _____ Grade _____

I hereby give permission for the participant named above to participate in the following school-sponsored activity (ies). Please check all activities that apply for the entire year.

- Football Soccer Basketball Gymnastics/Dance Volleyball Wrestling Track

Club: _____

I understand that all extra curricular activities may involve MANY RISKS OF INJURY, including, but not limited to, those outlined in **Warning and Agreement to Obey Instructions** (see reverse #2). I request the Bellingham School District permit my child/ward to try out for his/her school's extra curricular activities and to engage in all activities related to the team(s). I also understand that the Bellingham School District requires **Medical Insurance** (see reverse #1) for my child to participate in extra curricular activities.

Check One:

- I will purchase student accident insurance
 I have medical insurance. It covers school athletics/extra curricular activities and I do NOT wish to buy student accident insurance. I accept full responsibility for the cost of treatment for any injury, which he/she may suffer while taking part in the program.

I have also read and understand the **Ride Permission** (see reverse #3) and **MS Extra curricular Information** (see reverse #4)

Parent/Guardian Signature

Daytime Phone Number(s)

PARTICIPANT'S PLEDGE

I have read and understand the **Warning** (see reverse #2) and **MS Extra Curricular Information** (see reverse #4) and request the Bellingham School District to allow me to participate in the extra curricular activities I have identified on this form, including, but not limited to, trying out, practicing, playing, or otherwise participating in sports. I promise to obey all school rules and regulations, to keep myself in good physical condition, to take proper care of my equipment and return it when called to do so, to keep up in my school work, to be loyal to the team, to conduct myself in a manner which will do credit to my team and to the Bellingham School District.

Participant's Signature

HEALTH INFORMATION FOR EXTRA CURRICULAR PARTICIPATION

Does student have any potentially life-threatening* condition/allergy? (**examples: severe allergy to a medication, bee sting or food, seizures, diabetes, heart condition**) If yes, please explain condition and treatment:

- Yes No

*If a life threatening health condition exists, it is the FAMILY'S responsibility to notify the school nurse that the student is beginning the extra curricular activity. The nurse will review the health plan with the coach/advisor prior to the student beginning the extra curricular activity.

Is the student taking any medication or receiving treatment at this time that would impact participation in extra curricular activities? (**example: asthma inhaler**). If yes, please explain:

- Yes No

Licensed Health Care Provider (Name)

Phone

1) Emergency Contact

Emergency Phone

2) Emergency Contact

Emergency Phone

AUTHORIZATION FOR MEDICAL EMERGENCY PROCEDURE

If the parents/guardian and Licensed Health Care Provider named on this form cannot be reached at the time of an emergency and if immediate observation or treatment is urgent in the judgment of the school authorities, I authorize and direct the school authorities to send the student (properly accompanied) to the hospital or Licensed Health Care Provider most easily accessible. **I understand that I will assume full responsibility for the payment of any service rendered.**

Parent/Guardian Signature

Date

SEE REVERSE →

1) MEDICAL INSURANCE COVERAGE

The Bellingham School District requires medical insurance for my child and they provide the option to purchase student accident insurance from a private carrier. Student Accident Insurance Plans are available at the main office.

PLEASE NOTE: Some medical insurance plans do not cover injuries sustained as a result of extra curricular activities. Parents are encouraged to contact an agent of their medical insurance company to clarify the extent of their coverage.

2) WARNING AND AGREEMENT TO OBEY INSTRUCTIONS

I am aware that playing or participating to play/participate in any extra curricular activity can be dangerous involving MANY RISKS OF INJURY. I understand that the dangers and risks of playing or practicing to play/participate in interscholastic sport(s) include but are not limited to death, serious neck and spinal injuries (which may result in complete or partial paralysis), brain damage, serious injury to virtually all internal organs, serious injury to vital bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system, and serious injury or impairment or other aspects of my body, general health, and well being. I understand that the dangers and risks may result, not only in serious injury but in a serious impairment of my future abilities to earn a living; to engage in other business; social and recreational activities; and to generally enjoy life.

Because of the dangers of participating in extra curricular activities, I recognize the importance of following coaches'/advisors instructions regarding playing techniques, training, and other team/club rules, etc., and to agree to obey such instructions. I further understand that by following the instructions provided by the district, the risk of injury described above may be reduced, but that due to the nature of the activity I have selected, there is still risk of injury regardless of the precautions which involve sometimes violent person-to person contact; and, therefore, the risk of injury in some sports/clubs is even greater than other sports/clubs.

3) RIDE PERMISSION

I hereby give permission for my child to travel to contests in transportation arranged by school officials. I understand that the BSD policy permits transportation to be provided in school district vehicles or privately owned vehicles operated by district employees or volunteers. Participants must travel to and from contests away from Bellingham in transportation provided by the school.

4) MIDDLE SCHOOL EXTRA CURRICULAR INFORMATION

The middle school extra curricular program is an important and integral part of the total school program with a primary purpose of promoting the physical, mental, social, emotional and moral well being of the participants. Participation in this program is voluntary and available to all students regardless of individual differences. Participants accept training rules, regulations, and responsibilities, which are unique to an extra curricular program.

Discipline procedures regarding extra curricular activity participation are directly related to the rules and regulations of students in the Bellingham Public Schools. A participant given an in or out of school suspension will also be suspended and will not be allowed to participate in a scheduled extra curricular activity contest for one week (7 calendar days) commencing the first day of the suspension. A second offense of an in or out of school suspension during an extra curricular activity season will result in suspension from all extra curricular activity programs for the remainder of that season. School suspensions that occur early in an extra curricular activity season when no extra curricular activity contest is scheduled will result in the student's exclusion from the first scheduled contest.

Participation in practice and/or extra curricular activity contests can also be affected by classroom effort and citizenship on a weekly basis. The maintenance of acceptable levels of effort and citizenship in the classroom and around school is a prerequisite for participation in extra curricular activities.

Students wishing to participate in extra curricular sports must have on file: A current Licensed Health Care Provider (LHCP) completed *Physical Exam Form (effective for 13 months)* along with this completed *Extra Curricular Registration Form* **before** they can participate in any practice or sporting contest.
Students wishing to participate in a non-sport extra curricular activity must have on file: An *Extra Curricular Registration Form* before they can participate.